

## HEALTH AND WELLBEING CASEWORKER

The Health and Wellbeing Caseworker Programme provides tailored support to victims to improve health care and access services. We work with caseworkers who can help you to obtain healthcare, appointments and provide support from a range of health and wellbeing promoting activities.

## OTHER SERVICES

Psychological Services which include Counselling, Cognitive Behaviour Therapy and therapeutic interventions and a full range of Complementary Therapies are also available.

## TELLING YOUR STORY

We can help you tell your story. By doing this, you can ensure, including through the Public Record Office of Northern Ireland, that that your version of events is put on record for future generations to see and hear.



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Funded by the Victims & Survivors Service through the Victims and Survivors Programme, administered on behalf of The Executive Office.



## BOOKING

If you, or a member of your family, wish to book any of these services, please contact us on 028 3834 4500 or email: [info@uhrw.org.uk](mailto:info@uhrw.org.uk).

If you know others who would benefit from these services, please let them know to contact us and we will assist in any way possible.

## CONTACT

Ulster Human Rights Watch  
The Victoria Suite, Brownlow House,  
Windsor Avenue, Lurgan,  
Craigavon, BT67 9BJ  
Twitter @UlsterHumanRW  
[www.uhrw.org.uk](http://www.uhrw.org.uk)



# ADVOCACY SERVICE

**Welfare Advice and Health & Wellbeing Support**

Ulster Human Right Watch Advocacy Service (UHRW-AS) supports victims and families who have been bereaved or physically and/ or psychologically injured by providing a free Advocacy Service for those who wish to engage in Troubles legacy processes or related activities. The Service is delivered throughout Northern Ireland.

The UHRW-AS also offers, through partner organisations, a full range of support and therapeutic services including Welfare advice and Health and Wellbeing support.

### **ADVOCACY SERVICE**

Our free Advocacy Service assists families who have unresolved historical cases and wish to obtain information or request further investigation. It ensures your voice is heard and it identifies what you want to happen, saving you time, upset and resources. It aims to help you achieve the best possible result.

UHRW-AS undertakes (free of charge) to support and enable you to:

- Express your views and concerns by listening to what you have to say (through trained staff)
- Defend and promote your rights and responsibilities by standing with and alongside you (through furthering investigations)
- Access information and services by addressing your individual and/or family needs (through partner organisations)
- Explore choices and options by supporting your case to its possible conclusion (through legal expertise and experience)
- Achieves the best result possible

### **The role of your Advocate is to:**

- Offer independent support (free of charge) to those who feel they are not being listened to or heard
- Understand how your circumstances occurred and how they have affected you
- Receive permission to represent you
- Ensure you are taken seriously
- Safeguard your rights and demand that you are respected
- Assist you in accessing and understanding appropriate information and services
- Protect your reputation

Those who are helped by our Advocacy Service, can apply to become members of our Victims of Terrorism Council.

### **Organisations our Advocacy Service can access on your behalf:**

- The Legacy Investigation Branch
- The Police Ombudsman for Northern Ireland
- Attorney General for Northern Ireland
- The Public Record Office of Northern Ireland
- The Secretary of State for Northern Ireland
- National Archives
- The Public Prosecution Service
- The Court Service

### **CONTACT:**

If you, or a member of your family, wish to avail of/or make further enquires about our Advocacy Service, please contact us on:

028 3834 4500 or email: [info@uhrw.org.uk](mailto:info@uhrw.org.uk).

### **WELFARE ADVICE AND HEALTH AND WELLBEING SUPPORT**

There are two ways of getting help with welfare issues:

- Regular Welfare Clinic at Brownlow House - offering advice and support for completion of applications for a range of benefits including: Personal Independence Payments (PIP), Employment Support Allowance (ESA), Attendance Allowance, Carer's Allowance, Pension Credit, Housing Benefit and Universal Credit. Tribunal support is also available.
- Welfare advice services are also available from the Ely Centre, Enniskillen. There is also a tailored service specialising in military benefits for veterans.
- Assistance can be provided for applications to be made for the Victims' Payments Scheme for victims of terrorism injured during the 'Troubles'.

If you are interested, simply call us today on 028 3834 4500 to make an appointment.